

Friday 10th December 2021

Dear Parents / Carers,

RE: Forest School

We would like to thank you for all of your support over the last few years as our Forest school provision has developed.

As Forest school has grown we have come to realise the skills which are valued as part of our learning, and those that need to be developed. Our Forest School snack has become an integral part of our provision. The skills and learning opportunities which come out of the preparation, cooking and tasting of the snack are really valuable. As well as thinking about the identification and origins of food, our children are also aware of safe food hygiene practises and have an awareness of diets and allergies.

We have moved from a snack which initially was a treat (a marshmallow) or functional (a hot chocolate) to snacks which require a lot more thought and preparation. Obviously there will be times when the weather is against us and an 'easier' snack will be a more suitable option. However our aim is to always offer the children the independence of choosing the snack and then the support with helping them to make it. Snack time is also a really valuable time for us to get together as a class and have an informal chat, thus developing our speaking and listening skills and giving children the chance to informally share their experiences.

When it is your child's turn to attend forest school, we would like to ask for a voluntary contribution of £3 in order to cover the cost of the snack throughout that term. This would enable us to use a wider range of ingredients and be a little more experimental with some of our snack choices.

We hope that the children all enjoy their experiences at Forest School and share with you what they have been up to. We love to hear about children going home and asking to try new things or offering to help cook dinners, after making them at Forest school. Some of our favourite snacks are:

- Stuffed breads
- Vegetable stir-fry
- Vegetable curry and flat breads
- Chilli with nachos
- Pizza
- Crumbles
- Flapjack
- Chocolate cake
- Baked bananas
- Porridge
- Bread and butter pudding
- Pancakes



Thank you for your continued support.

Mrs K Greenwood
Forest School Lead

Growing together on our learning journey

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